

— LDS CAPA 2026 —

CONNECTED:

THE SCIENCE AND SOUL *of* RELATIONSHIPS

A CONFERENCE FOR CLINICIANS. | ROOTED IN SCIENCE. | INSPIRED BY COMPASSION.



VIRTUAL CONFERENCE: SEPTEMBER 30



IN-PERSON CONFERENCE: OCTOBER 1-2

AT THE JOSEPH SMITH MEMORIAL BUILDING



**LIMITED SEATING
AVAILABLE**

for the in-person
conference!



EARLY BIRD RATES
END AUGUST 15!



**EARN UP TO
20 CE UNITS**

REGISTERING FOR
THE 3 DAY CONFERENCE!

CONFERENCE AGENDA

September 30 - October 2, 2026

Virtual Conference: September 30 | In-Person Conference: October 1-2 | Joseph Smith Memorial Building

A conference for clinicians. Rooted in science. Inspired by compassion.

SEP 30

VIRTUAL DAY

Three concurrent tracks

OCT 1

IN-PERSON DAY 1

Keynote: Jeff Strong

OCT 2

IN-PERSON DAY 2

Keynote: Bonnie Cordon

WEDNESDAY, SEPTEMBER 30

Virtual Conference Day

8:00 AM - 4:00 PM Mountain Time | Three Concurrent Tracks

TRACK A

TIME	SESSION	PRESENTER(S)	AREA
8:00-9:00	Connected vs. Disconnected Sexuality (1 CEU)	Scott Jensen, PhD	Marriage & Family
9:00-10:00	Role of Spirituality & Perspective-Taking in Systemic Autism Treatment (1 CEU)	Justin S. Romney, PhD, LMFT	Marriage & Family
10:00-11:00	Faith-based & Spiritual Interventions in Eating Disorders (1 CEU)	Adriane Q. Cavallini, PhD, Evie Jimenez, Olivia Hubble	Eating Disorders
11:00-12:00	What We May Be Missing From Past Masters for Healing Trauma (1 CEU)	T. Lee Burnham, PhD	Trauma & Healing
12:00-1:00	LUNCH BREAK		
1:00-2:00	When Trauma Heals, the Soul Follows: ART (1 CEU)	Elaina Gillespie	Trauma & Healing
2:00-3:00	ERP That Isn't Mean: Values Given Treatment For Scrupulosity (1 CEU)	Grace Bithell, LCSW & Rachel Higgins, LCSW	OCD & Scrupulosity
3:00-4:00	Co-occurrence of Relationship OCD and Scrupulosity Among LDS (1 CEU)	Claire Breedlove, LCSW	OCD & Scrupulosity
4:00-5:00	From Conflict to Connection (1 CEU)	April Titera, MA, MFT	Marriage & Family

8 Live CEUs Available for Track A

TRACK B

TIME	SESSION	PRESENTER(S)	AREA
8:00-10:00	Love Thy Neighbor: The Science and Practice of Connection in Group Therapy (2 CEUs)	Paul Callister, PhD, CMHC, CGP	Practice & Ethics
10:00-11:00	The Importance of Connection in the Therapeutic Process (1 CEU)	Michael A. Cox, LCSW & Logan Densley, LCSW	Marriage & Family
11:00-12:00	Understanding Codependence: A Clinical Framework (1 CEU)	Payton Holt, LMFT	Marriage & Family
12:00-1:00	LUNCH BREAK		
1:00-2:00	Understanding Romantic Relationships: Family Systems, Jung & Expressive Arts (1 CEU)	Karee Stosich, LMFT	Marriage & Family
2:00-3:00	Honoring Faith While Supporting Sexual Well-Being (1 CEU)	Hailey Maire-Grant, LCSW, CST	Sexual Issues
3:00-4:00	The Avoidance Beneath Resistance: EMDR & Structural Dissociation (1 CEU)	Brittani L. Frade, MS, CMHC	Trauma & Healing

7 Live CEUs Available for Track B

WEDNESDAY, SEPTEMBER 30

Virtual Conference Day - Continued

Track C | Mountain Time

TRACK C

TIME	SESSION	PRESENTER(S)	AREA
8:00-9:00	Family Systems in the Wake of Betrayal (1 CEU)	Morgan Ellsworth, LAMFT & Hali Roderick, CPC	Trauma & Healing
9:00-10:00	Connected to Thrive: Support, Belonging, and Self-Reliance (1 CEU)	Matthew LaVoie, LPC-S	Practice & Ethics
10:00-11:00	Persons in Relation: Macmurray, Religion, and Psychotherapy (1 CEU)	Jacob A. Larson	Spiritual & Faith
11:00-12:00	Re-Examining Clinical Approaches to Pediatric Gender Dysphoria (1 CEU)	Kevin B. Theriot, PhD	Parenting & Gender
12:00-1:00	LUNCH BREAK		
1:00-2:00	Suicide Prevention Presentation (1 CEU)	Amanda McNab, DSW, LCSW	Special
2:00-3:00	Beyond "What" to "How": EBP and Resistance in Real-Time Therapy (1 CEU)	Eldon Solomon	Practice & Ethics
3:00-4:00	From Taboo to Treatment: Psychedelic-Assisted Therapy in LDS Context (1 CEU)	Jeremy Leavitt, LMFT	Practice & Ethics

7 Live CEUs for Track C

4:00 PM | VIRTUAL CONFERENCE DAY CONCLUDES

VIRTUAL ATTENDEE NOTE

All session times are listed in Mountain Time. Virtual presentations will be recorded and made available to registered conference participants for later viewing.

TIME	SESSION	PRESENTER(S)	TOPIC
7:30-8:00 AM	Check-In & Registration		
8:00-8:30 AM	Welcome, Musical Number & Opening Prayer		
8:30-9:30 AM	Navigating Mental Health, Faith, Ethics, and Collaboration in Family Services (1 CEU)	Derek Hagey, PhD, LMFT	Special Presentation
9:30-11:00 AM	Teaching About Healthy Sexuality (1.5 CEUs)	Chelom Leavitt, PhD	Sexual Issues & Addiction
11:00 AM-12:00 PM	Couples with Sex Addiction Concerns (1 CEU)	Kyle N. Weir, PhD, LMFT & Allison B. Weir, MS, LMFT	Sexual Issues & Addiction
12:00-1:00 PM	LUNCH BREAK		
1:00-2:00 PM	Protect, Provide, and Preside (1 CEU)	Lisa Elieson, PhD, LPC-S, CST-S & Rick Elieson	Marriage & Family
2:00-3:00 PM	Reconnected: Healing the Trauma That Disconnects Us from God (1 CEU)	Rebecca Martinez, LCSW & Katie Ball, LCSW	Spiritual & Faith
3:00-4:00 PM	The Power of the Word: LDS Scripture in CBT (1 CEU)	Stevan Lars Nielsen, PhD	Spiritual & Faith
4:00-5:00 PM	KEYNOTE: Exploring Why Many Latter-day Saints Leave the Church and What Can Be Learned From Their Experiences (1 CEU)	Jeff Strong	Keynote
5:00 PM	Authors' Reception		

7.5 Live CEUs Available for Day One

KEYNOTE
4:00 PM



Jeff Strong

Exploring why many Latter-day Saints leave the Church and what can be learned from their experiences.

Soul of Relationships | Schedule subject to change

TIME	SESSION	PRESENTER(S)	TOPIC
7:30-8:00 AM	Check-In & Registration		
8:00-8:30 AM	Welcome, Musical Number & Opening Prayer		
8:30-9:30 AM	KEYNOTE ADDRESS	Bonnie Cordon	Keynote
9:30-10:30 AM	Best Practices for Handling Faith Crises (1 CEU)	John Gee, PhD	Spiritual & Faith
10:30-11:30 AM	Perfectionism & Scrupulosity in a National Sample (1 CEU)	G. E. Kawika Allen, PhD, Brent Baltich, MeiLin Whalen, George Westover, Anna Petersen	OCD & Scrupulosity
11:30 AM-12:30 PM	Understanding and Treating the Relationships Involved in Faith Crises/Transitions (Ethics) (1 CEU)	Jeffrey S. Reber, PhD, LPC	Spiritual & Faith
12:30-1:30 PM	LUNCH BREAK (Catered)		
1:30-2:30 PM	The Interaction of AI and Mental Health (1 CEU)	Tyell Gustavson & Timothy Smith, PhD	Practice & Ethics
2:30-3:30 PM	Integrity Before Influence: Gender-Related Distress (1 CEU)	Jeffrey Bennion, Susannah Pipkin, David Haralson	Parenting & Gender
3:30-5:00 PM	Healing From Within (1.5 CEUs)	Patrick M. Poor, MS, LMFT & Tracy Cassity	Trauma & Healing
5:00 PM	Conference Concludes		
6:30 PM	Temple Square Tour (Optional)		

6.5 Live CEUs Available for Day Two

KEYNOTE
8:30 AM



Bonnie Cordon

Keynote Address